The Best Pumpkin Soup

4 tablespoons butter 4 green onions, chopped

1 cup chapped celery

2 tablespoons tomato paste

2 bay leaves

4 cups cooked mashed pumpkin or canned pumpkin 2 cups chicken broth

11/2 cups light cream

1 teaspoon salt Dash pepper

Nutmeg

Chopped parsley Large pumpkin

 Melt butter in a large soup pot. Add onion and celery and sauté until soft but not brown. Add tomato paste, bay leaf, pumpkin and broth. Simmer for 30 minutes. Remove bay leaf and pour soup through a sieve.

2. Add cream to strained soup and heat to the boiling point, but do not boil; simmer 5 minutes. Adjust seasonings.

 Serve hot in a large hollowed-out pumpkin with a dash of fresh ground nutmeg, or serve with sour cream on the side and garnish with sliced scallions. Serves 6 to 8.